

Lesson & Video #3: “Cyber-bullying”

Click this link or paste the address into your web browser:

<https://vimeo.com/74287079>

Highlights:

- Jesse shares a story from his junior-senior years where classmates played a prank on him (pretending to be a girl online that was interested in him).
- In response to this cyber-bullying, Jesse got back at the students by doing the same thing to them and getting them to admit to what they had done to him.

Connection (3 min.):

- Remind students Jesse’s assembly and its anti-bullying message and the last video
- Introduce the concepts of this “Minutes for Compassion” lessons and refer to chart

Video & Discussion (12 min.)

- Show “Minute for Compassion” video #3
- Facilitate discussion:

Options:

1. Share general reactions to video
2. Explore the theme: “bullying is real, even if it happens online”
3. What are *other* kinds/examples of cyber-bullying?
4. Respond to Jesse’s discussion question:
 - *What do you think about Jesse handling this situation using the same deceptive trick used to bully him?*

Activity: (10 min.) Counter the Excuses!

- Independently, in partners, or in small groups, have the students think about the video and put themselves in the bullies’ shoes
- Students can use the attached T-chart to make a list of excuses that Jesse’s cyber-bullies might have used to defend their actions
- Have students switch papers with another person/partnership/or group and play the role of Jesse and the principal. Have them write their responses to how they would counter each of the bullies’ excuses on the corresponding lines of the T-chart.

Wrap-up (5 min.): Reflection

- Closing thoughts on cyber-bullying
- Add “*bullying is real, even if it happens online*” “Lessons in Compassion” chart

Excuses	Responses